

Longfellow Tennis Club Natick Adult Clinics Winter 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00am-10:00am CARDIO orange /green ball			9:00am-10:30am Advanced Doubles Strategy (3.5+) 9:00am-10:30am Beginner Clinic	9:30am-10:30am CARDIO orange /green ball	8:00am-9:00am Hit & Run (3.0+)
	10:30am-12:00pm Adv Beginner / Intermediate Drill & Play (2.0-2.5) 6 wk session	10:30am-12:00pm Advanced Drill & Play (3.5-4.5)	10:30am-12:00pm Intermediate Drill & Play (2.75-3.0) 6 wk session	10:30am-12:00pm Adv Beginner / Intermediate Drill & Play (2.5-3.0) 6 wk session	10:30am-12:00pm Intermediate Drill & Play (3.0-3.5) 6 wk session	10:00am-11:00am Intermediate Drill & Play (2.5-3.0)
5:30pm-7:30pm Mixed Doubles Match Play & Social (3.25+)	12:00pm-1:30pm Doubles Strategy (2.5-3.0) 7:00pm-8:30pm Adv Beginner (2.0-2.5) 7:30pm-9:00pm Advanced Drill & Play (3.5-4.5)		7:30pm-9:00pm Men's Intermediate Drill & Play (3.5+)	12:00pm-1:30pm Adv Intermediate Drill & Play (3.25-3.5) 7:00pm-8:30pm Intermediate Drill & Play (2.5-3.5)		
	8:30pm-10:00pm Men's Advanced Drills (4.0+)	WINTER SESSION: 1/2/24-3/31/24 No clinics: 2/17-2/23/24 1.5 hour clinic \$42. Non Members \$54 6 Week Session \$254. Non Members \$324 Cardio tennis: \$20M/\$25 NM. Mixed Doubles \$30M/\$40NM Nonmembers are limited to 4 visits or 1x 6 week session introductory period. For more information or to register contact: eingham@longfellowhealthclubs.com / (508) 653 4606				

